

 <b>I genuini sapori di Puglia</b>	<b>PRODUCT DETAILS</b>		
<b>PRODUCT</b>	<b>ARTICHOKES</b> <b>in extra virgin olive oil</b>		
	<b>GLUTEN-FREE FOOD</b>		
<b>DESCRIPTION</b>	The artichoke (Cynara scolymus) is a typical Apulian product which is well adapted to this area. ONLY the first-class artichokes are freshly picked and processed within a day. Then they are preserved in extra virgin olive oil with aromatic herbs.		
<b>JAR SIZE</b>	200g - 300g - 550g - 1 kg - 3kg		
<b>FOOD CONTAINER</b>	Sterilized glass jars with twist-off caps.		
<b>INGREDIENTS</b>	Artichokes 67%, Apulian extra virgin olive oil, white wine vinegar, aromatic herbs in variable proportions (from Apulia - Italy), salt 2%. Acidity regulator: citric acid (E330).		
<b>STRUCTURE</b>	Soft and hard parts.		
<b>CHEMICAL AND PHYSICAL FEATURES</b>	<p style="text-align: right;"><b>pH</b></p>		4,5
	<p style="text-align: right;"><b>Water activity (aw)</b></p>		0,95
	<p style="text-align: right;"><b>Temperature</b></p>		18°C
	<b>PASTEURIZED PRODUCT</b>		
<b>MICROBIOLOGICAL PARAMETERS</b>	Total Coliform		< 10
	β-glucuronidase-positive Escherichia coli		< 10
	Coagulase-positive Staphylococci		< 10
	Salmonella spp		None
	Listeria Monocytogenes		None
<b>NUTRITION FACTS</b> (Amount per 100g)	<p style="text-align: right;"><b>ENERGY: kjoule</b></p>		324
	<p style="text-align: right;"><b>kcal</b></p>		78
	<p style="text-align: right;"><b>TOTAL FAT</b></p>		5,7g
	<p style="text-align: right;"><b>saturated fat</b></p>		1,9g
	<p style="text-align: right;"><b>TOTAL CARBOHYDRATE</b></p>		3,1g
	<p style="text-align: right;"><b>sugars</b></p>		1g
	<p style="text-align: right;"><b>FIBRE</b></p>		3,3g
<b>FOOD STORAGE:</b>	<p style="text-align: right;"><b>PROTEIN</b></p>		2g
	<p style="text-align: right;"><b>SALT</b></p>		2g
	<p style="text-align: right;"><b>WATER</b></p>		85,9g
	If the product is preserved in perfect storage condition (i.e. it is stored in a dry place with a temperature not exceeding 20°C, away from light, in an airtight container) the shelf life is 2 years and a half. Once opened consume within 5 days and keep refrigerated at 4°C.		
<b>IFU</b>	It is indicated in low-calory diet and may be used as a good appetizer, as a side dish for roasted meats or as an ingredient for pizza.		
<b>DISTRIBUTION TERMS</b>	Retail and wholesale.		
<b>CONSUMER CLASSES</b>	Community.		
<b>ALLERGENS</b>	None.		
<b>CONTRAINDICATIONS</b>	The use is not recommended to diabetics and in case of diarrheal phenomena.		